

Abstract

Titul: Solution of fight in kenka yotsu fighting position in judo

Aim of thesis: Determine current trend of solution in kenka yotsu fight in international competitions. Find the main positions. Describe these positions together with the most frequent technical solution. Describe their variations and make photographs of them. Create list of instructions to be used in training.

Method: Analysis of techniques and position of kenka yotsu fighting realised by method of observation, interview, statistic evaluation and description with photographic record of fighting grips.

Result: The most frequent techniques are:

1. Tori holds the collar - technique morote-seoi nage
2. Tori holds in hook - technique uchimata
3. Tori holds in nonstandard grip - technique Sumi gaeshi